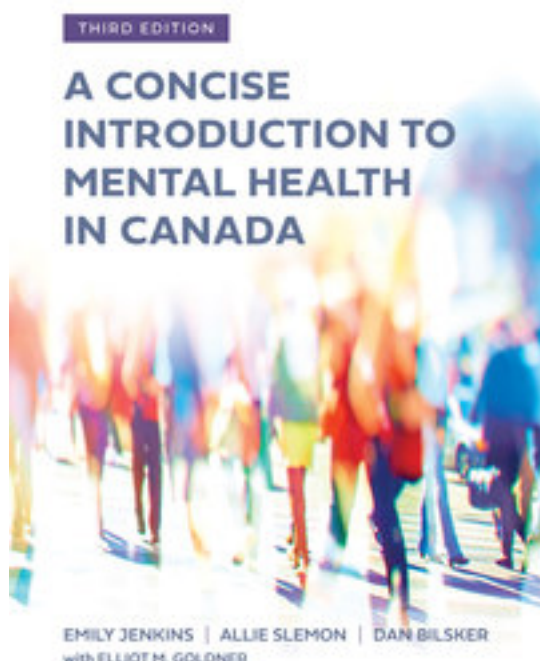


A Concise Introduction to Mental Health in Canada, Third Edition



Subjects

Addictions, Health, and Mental Health
Mental Health and Addictions
Social Work
Nursing
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This remarkable third edition offers a unique contribution to mental health literature. It covers the full spectrum of issues related to mental health and illness in Canada, incorporating insights from a diversity of physical and social science perspectives, to expand the way readers think about mental health. Interdisciplinary and reader-friendly, this engaging volume introduces students to a wide range of topics, including substance use, children and youth, trauma, culture, gender and sexuality, diagnosis and treatment, and population approaches. Updates to this edition comprise new insights on topics such as the opioid crisis, legalization of cannabis, changes to provincial mental health acts, and an expansion on previously included Indigenous mental health content. As an introductory text, *A Concise Introduction to Mental Health in Canada* provides a superb foundation for students of medicine, nursing, social work, psychology, and public health.

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The late **Elliot M. Goldner** was a Professor in the Faculty of Health Sciences at Simon Fraser University, Chair of the Science Advisory Committee at the Mental Health Commission of Canada, and Affiliate Professor in the Faculty of Medicine at the University of British Columbia. Author of one of Canadian Scholar's best-selling health titles, *A Concise Introduction to Mental Health in Canada*, Goldner had also written numerous book chapters and dozens of articles in the fields of health services, mental health, and substance use. Founder and previous Director of the Centre for Applied Research in Mental Health and Addiction in the Faculty of Health Sciences at Simon Fraser University, he also founded and headed the Division of Mental Health Policy and Services in the Faculty of Medicine at the University of British Columbia. Goldner was the recipient of many awards for his scholarly work, including the Paul Patterson Innovation in Education Leadership Award for his work in post-graduate education, awarded by the Canadian Psychiatric Association.

Reviews

"The authors have skillfully succeeded in addressing various aspects of mental health—definitions, social consequences, services, and treatment—in a coherent and highly accessible manner. This second edition is quickly becoming a required text for students, professionals, and others who wish to be introduced to the field of mental health in Canada."

— Nicolas Moreau, PhD, School of Social Work, University of Ottawa

"Easy to read, yet covering the topic with both breadth and depth, this book provides an excellent overview of mental health in Canada.... I particularly appreciate the interdisciplinary approach to understanding mental health, employing a variety of disciplinary lenses to give a fully rounded understanding of the topics. Appealing vignettes are scattered throughout the text, highlighting information. All in all, this book belongs on the bookshelves of everyone interested in mental health."

— Lynne M. Robinson, PhD, RPsych, School of Health and Human Performance, Dalhousie University
"The authors are to be commended for presenting a sensitive and balanced introduction to mental health in Canada at this point in history and for writing it in a reader-friendly manner."

— Elisabeth Jensen, School of Nursing, York University

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