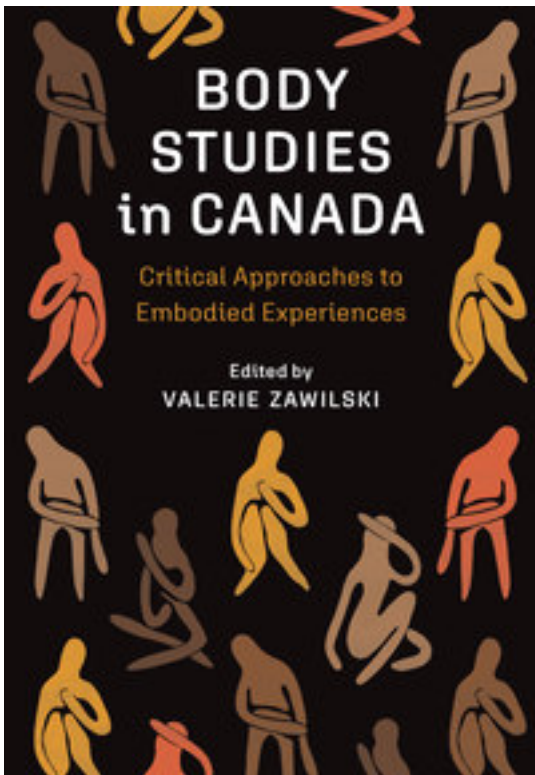


# Body Studies in Canada

## Critical Approaches to Embodied Experiences



### Subjects

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Gender and Politics  
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How do we perceive ourselves and our bodies in relation to our physical, geographical, social, cultural, political, psychological, and spiritual environments? *Body Studies in Canada* uses intersectional methodological and theoretical frameworks to discuss the political and socio-historical discourses that shape body studies in Canadian society.

This edited volume delves into a variety of timely topics including postcolonial “othering” of the body; social discourses around healthy and un-healthy bodies; intersections of aging, gender, race, class, and size; the fitness industries’ promotion of the “ideal” body; the gendering of bodywork symbols and expressions in carceral environments; and self-awareness of “the body” in social and digital media. In thirteen chapters, editor Valerie Zawilski brings together scholars from a wide variety of disciplines and expertise to provide an interdisciplinary perspective on how the body interacts reflexively with society. This collection is a foundational text for sociology of the body and body studies courses, as well as gender studies, political science, and health studies. **FEATURES**

- provides a uniquely Canadian perspective on body studies and the surrounding historical and political issues, with a focus on decolonization, racialization, masculinities, engagement with critical weight scholarship, and immigration

- pedagogical features include section introductions, boxed inserts highlighting key concepts, learning objectives, questions for critical thinking, and a glossary

### Author Information

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**Valerie Zawilski** is an Associate Professor of Sociology and Criminology at King’s University College at Western University. Her research interests include social movements, human rights, health and illness, and human trafficking.

### Reviews

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