

Feminist Counselling Theory, Issues, and Practice



The evolution of feminist therapy involves the reconstruction of therapeutic goals, values, frameworks, and theory, as well as an acknowledgement that there is no single reality, no one "right" feminist theory or epistemological position about women. This collection of original articles addresses a range of topics relevant to understanding contemporary Canadian women's experiences. The contributors are, like the women who enter into counselling relationships, from diverse backgrounds and experiences, and speak in a variety of voices.

Features:

- discusses multiculturalism, motherhood, women's sexuality, woman abuse, violence against women, dominance relationships, and mental health concerns affecting Aboriginal women's realities
- considers embodiment, lesbianism, ethics, social justice, crisis counselling, storytelling, and women who are mandated to seek counselling

Author Information

Lynda R. Ross
Lynda Ross, Ph.D., is Associate Professor of Women's and Gender Studies (WGST) in the Centre for Interdisciplinary Studies at Athabasca University (AU). She coordinates the University Certificate in Counselling Women Programme at AU in addition to coordinating a number of WGST undergraduate courses, and teaches courses in women and psychology and violence against women at the undergraduate and graduate levels.

Reviews

"Speaking in a clear, accessible, and highly engaging voice, it introduces readers to many key elements of contemporary feminist theory that are absolutely essential for learning and practice in today's diverse counselling contexts. Contributors to the collection embrace the complexities of marginalized people's lives and capture the histories and legacies - such as colonization, racism, and violence - that shape women's varied situations and subjectivities, within and beyond Canada's borders. Of equal value, the wide array of voices, issues, and vantage points included in this text all recognize the agency and creativity of individuals in contexts not of their own making."

Carla Rice, Associate Professor, Women's Studies Department, Trent University
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Health and Wellness
Social Work
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