

Health Promotion and Quality of Life in Canada

Essential Readings



Subjects

Sociology of Health
Social Determinants of Health
Health Promotion
Health Studies
Sociology

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Health and quality of life are vital social reflections. The way a society distributes resources amongst its population tells us a great deal about the society itself. This unique volume unites readings that explore the integral link between quality of life and public policy choices.

The first section discusses individual perspectives on health promotion and quality of life and provides a conceptual basis for determining an individual's or community's standard. The next section addresses community and policy perspectives to show how quality of life is related both to the health of the population as a whole, and to collective choices that determine how material resources are distributed in society.

Part three places quality of life and population health within a political economy framework and uses the social determinants of health concept to illustrate how societies differ in their willingness to support their members' quality of life and health. Part four examines vulnerable populations and their issues: the Indigenous community, persons with disabilities, women and the gender gap, and the effects of race and immigrant status on employment opportunities.

The final section suggests ways in which health promotion, quality of life, and the social determinants of health agendas can come together. It provides an up-to-date analysis of the barriers facing those attempting to improve quality of life and health, as well as the means to accomplish those goals.

Author Information

Dennis Raphael

****Dennis Raphael**** is a Professor of Health Policy and Management at York University, whose areas of interest include topics in public policy, poverty, and social determinants of health.

Reviews

"This synthesis is long overdue and will contribute to advancing the field. The introduction of quality of life into this volume represents a new conceptualization."

Kim Raine, School of Public Health, University of Alberta

"The articles are well written, making the work easily accessible to a variety of audiences, including students, practitioners, and researchers. This reader will encourage a broader view of the impact of health determinants on quality of life as experienced in day-to-day living."

Linda Reutter, Faculty of Nursing, University of Alberta

"This urgently needed book will be an excellent addition to current literature in Canada. It will make quite a splash in the somewhat stagnant waters of many current health promotion writings and teachings, and will be very relevant to all who concern themselves with moving a social change agenda forward in Canada."

"The articles are well written, making the work easily accessible to a variety of audiences, including students, practitioners, and researchers. This reader will encourage a broader view of the impact of health determinants on quality of life as experienced in day-to-day living."— Linda Reutter, Faculty of Nursing, University of Alberta

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