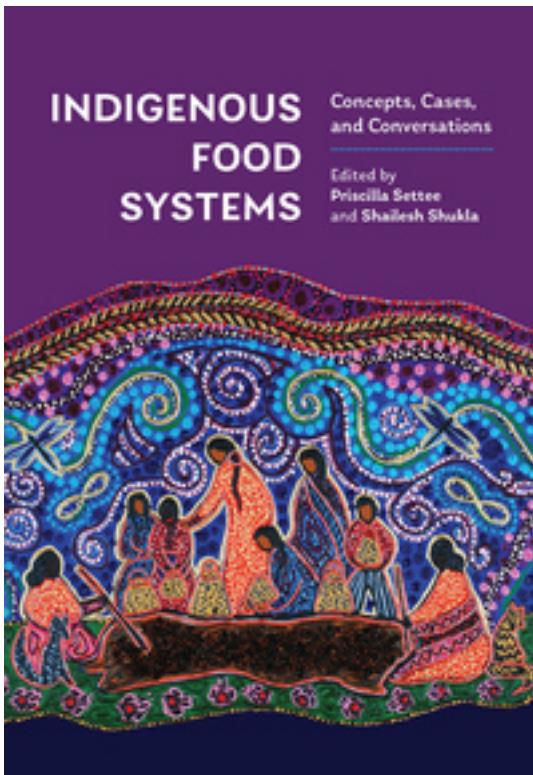


Indigenous Food Systems

Concepts, Cases, and Conversations



Subjects

Sociology of Health
Indigenous Studies
Indigenous Health

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Unlike any other resource on the market, this textbook explores a diverse array of Indigenous food systems from across Canada, including Anishinaabeg, Asatiwisiwe, Cree, Métis, Migmag, and Tsartlip. Seeking solutions to food insecurity and well-being for current and future generations, Indigenous and non-Indigenous food practitioners and scholars document the voices and experiences of community members encountered in their research, thus promoting an understanding of the barriers and challenges to Indigenous food systems and presenting ways used to reclaim cultural identity and food sovereignty. Offering in-depth case studies and critical conversations, *Indigenous Food Systems* reinforces the importance of the revitalization of Indigenous food knowledges for the health and well-being of Indigenous and Canadian populations. This unique collection is a critical resource for students studying food security and food sovereignty in Indigenous studies, public health, anthropology, and social sciences as well as a useful reader for policy-makers, researchers, and community practitioners.

Features

- highlights community-based case studies, which demonstrate how Indigenous communities are leading the way to design and implement community-based initiatives in collaborative spirit
- features pedagogical features including key terms, learning objectives, glossaries, critical thinking questions, and suggested reading lists in each chapter

Author Information

Priscilla Settee

****Priscilla Settee**** is a member of Cumberland House Swampy Cree First Nations and Professor in the Department of Indigenous Studies at the University of Saskatchewan. She is recognized nationally and internationally as an award-winning professor and global activist.

Shailesh Shukla

****Shailesh Shukla**** is an Associate Professor at the Department of Indigenous Studies, University of Winnipeg. His teaching and research interests include exploring and promoting Indigenous perspectives and knowledge systems to improve food security, sovereignty, and well-being among Indigenous communities in Canada and globally.

Reviews

"Indigenous food sovereignty is a pathway toward health and wellbeing for communities living within colonial structures creating economic dependency and insecurity. *Indigenous Food Systems* is not just another piece of academic literature describing the state of food insecurity in Canada; it is a collection of place-based solutions from diverse life projects emergent from Indigenous communities. This book is a celebration of the power of local food and community in dismantling capitalist food systems in order to achieve health and wellbeing. The concepts, cases, and conversations presented provide critical guidance for restoring relationships, respect, and reciprocity in Canada's food systems by dismantling the colonial and capitalist structures and processes that have eroded health and wellbeing in Indigenous communities."

—Joseph LeBlanc, Director of the Indigenous Affairs Unit at the Northern Ontario School of Medicine
"This collection is long overdue and much needed in the emerging field of critical food studies. To date, issues of Indigenous food systems have been severely under addressed in Canada. With contributions from researchers, practitioners, and community members, *Indigenous Food Systems* brings essential insight to the theory and practice of food systems and is part of the ongoing cross-cultural dialogue and development of new policy and practice."

—Charles Z. Levkoe, Associate Professor and Canada Research Chair in Sustainable Food Systems, Lakehead University

"You cannot say that you are sovereign if you cannot feed yourself. That's the reality for us all, and particularly for Indigenous peoples, for whom food is something not just for the belly but also for the spirit and to nourish our dreams for the future. This book is about that story, from our Indigenous knowledge and understanding of our relationship to these sacred foods to the colonization and the decolonization of the times we enter now. *Indigenous Food Systems* is a powerful outline of relationships and links to understanding colonization, decolonization, and the liberation and honouring of our foods and ourselves."

—Winona LaDuke, Executive Director, Honor the Earth

Table of Contents

Foreword: Celebrating Indigenous Food Systems: Restoring Indigenous Food Traditions, Knowledges, and Values for a Sustainable Future
Harriet Kuhnlein

Chapter 1: Introduction
Priscilla Settee and _Shailesh Shukla_

****Section I—Concepts: Understanding the Context****

Chapter 2: Reflections and Realities: Expressions of Food Sovereignty in the Fourth World
Dawn Morrison

Chapter 3: Indigenous Philosophies and Perspectives on Traditional Food Systems Including Food as Cultural Identity: Maintaining Food Security in Elsipogtog First Nation, New Brunswick
Elisa Levi

Chapter 4: Aki Miiim (Land and Food) and the Sovereignty of the Asatiwisiwe Anishinaabeg Boreal

Perspective of Indigenous Foodways
Leslie Dawson

****Section II—Cases: Community-Based Action****

Chapter 6: A Collection of Voices: Land-Based Leadership, Community Wellness, and Food Knowledge Revitalization of the WJOLELP First Nation Garden Project
Erynne M. Gilpin and _Mary Hayes_

Chapter 7: Cultivating Resurgence from the Indigenous Food Sovereignty Lens: A Case Study from Northern Manitoba
Asfia Gulrukh Kamal and _Ithinto Mechisowin Program Committee_

Chapter 8: Rebuilding Cultural Identity and Indigenous Food Sovereignty with Indigenous Youth through Traditional Food Access and Skills in the City
Tabitha Robin (Martens) and _Jaime Cidro_

Chapter 9: Learnings from a Food Security Action Group in Alexander First Nation
Hara Nikolopoulos, _Anna Farmer_, _David Dyck Fehderau_, _Joanna Campiou_, and _Noreen Willows_

Chapter 10: Food Justice in the Inner City: Reflections from a Program of Public Health Nutrition Research in Saskatchewan
Lise Kouri, _Rachel Engler-Stringer_, _Tenille Thomson_, and _Melody Wood_

****Section III—Conversations: Commentary and Contemporary Issues****

Chapter 11: Damming Food Sovereignty of Indigenous Peoples: A Case Study of Food Security at O-Pipon-Na-Piwin Cree Nation
Shirley Thompson and _Pepper Pritty_

Chapter 12: The Impact of Climate Change on Indigenous Food Sovereignty
Priscilla Settee

Chapter 13: Perspectives from Métis Harvesters in Manitoba on Concerns and Challenges to Sustaining Traditional Harvesting Practices and Knowledge: A Distinctions-Based Approach to Indigenous Food Sovereignty
Brielle Beaudin-Reimer

Chapter 14: Socio-Historical Influences and Impacts on Indigenous Food Systems in Southwestern Ontario: The Experiences of Elder Women Living On- and Off-Reserve
Hannah Tait Neufeld

Chapter 15: Synthesis: Revitalizing the Past, Nourishing the Present, and Feeding the Future
Shailesh Shukla and _Priscilla Settee_

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