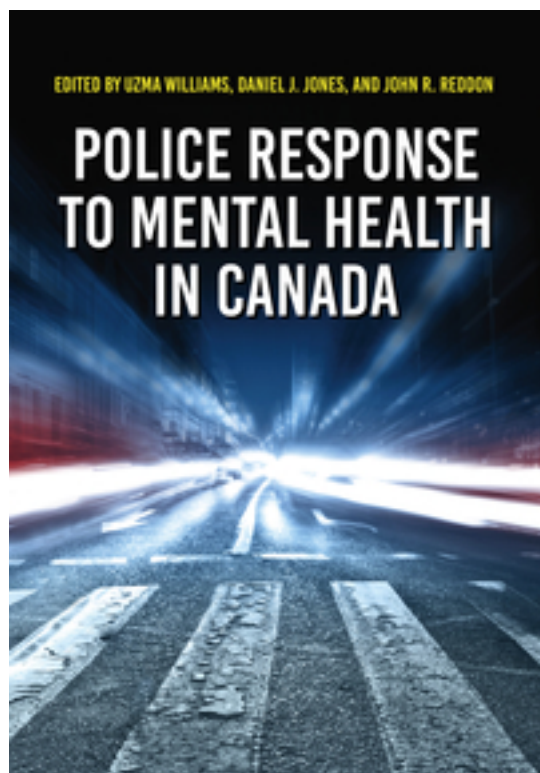


# Police Response to Mental Health in Canada



The overwhelming majority of police calls involve individuals with mental health experiences and yet limited resources exist to prepare first responders for these interactions. *Police Response to Mental Health in Canada* addresses this gap in the field, providing practical guidance to police studies students on how best to respond to mental health-related calls in both critical and non-critical situations. In addition, this book focuses on the mental health of policing professionals by addressing common mental health symptoms and providing strategies to improve the mental health wellness of policing professionals.

Aligned with the *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*, (DSM-5) criteria, this text provides in-depth explanations of the mental health conditions commonly encountered in policing, including mood, psychosis, personality, substance abuse, and post-traumatic stress disorders. Written in an accessible style, this book includes pedagogical tools such as scenario-based learning, case studies, reflection questions, group activities, and chapter summaries to reinforce the learning objectives outlined at the start of each chapter.

With the increasing demand for law enforcement officials to be better informed and prepared to interact with those experiencing mental health issues, this is a timely resource for students in college and university police studies programs.

## **\*\*FEATURES:\*\***

- Learning objectives, case studies, and discussion questions
- Contributions from leaders in fields of health services, psychology, criminology, policing, and corrections
- Discussion of Canadian issues that are relevant across the country, including police relations with Indigenous populations and incidents of gang-related violence

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**\*\*John R. Reddon\*\*** is an Adjunct Professor of Psychology at the University of Alberta who has also worked at the Alberta Hospital Edmonton since 1983.

## **Subjects**

Criminology and Police Studies

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## **Reviews**

"This book provides the reader with a detailed overview of how to recognize a variety of mental illnesses. It then describes how we as a policing profession are partnering with community agencies to provide more supportive and holistic approaches. It is the first text of its kind and a must read for anyone in a policing career. It should be a go-to reference for those in academia and police training units across Canada."

—Deputy Chief Sean Sparling (ret.), Sault Ste. Marie Police Service

"I spent a weekend reading this book and read some parts over and over. I am enthralled with the content and overwhelmed by the impact that this book will undoubtedly have for not only Police Services but also any person with mental health issues. This book is highly educational and discusses the topics in a real and accessible way. A must read for everyone."

—Clint Malarchuk, Former NHL Goaltender, Mental Health Advocate, Best-selling Author

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