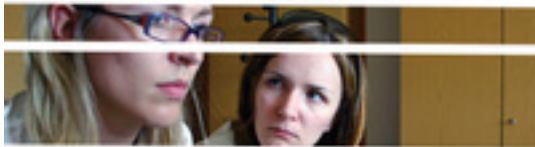


Wellness and Work

Employee Assistance Programming in Canada



WELLNESS AND WORK
Employee Assistance Programming in Canada



Rick Csiernik, editor and major contributing author



Subjects

Sociology of Health
Sociology of Work and Labour
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Addictions, Health, and Mental Health
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Employee Assistance Programming has evolved from a mechanism of social control to a major force for health promotion. The field offers great potential for helping to build healthier communities of workers and families, in addition to helping individual workers who may see themselves, or be seen by others, as people with problems.

Wellness and Work: Employee Assistance Programming in Canada provides a clear vision for employee assistance programming. The book is divided into five sections: (1) evolution, (2) structure, (3) practice, (4) case studies, and (5) creating wellness. In this historical, theoretical, and practice-oriented collection of original articles, both student and practitioner will trace the growth of this burgeoning field of practice. An informative and useful book for the practitioner and visionary alike, *Wellness and Work* will be an essential addition to the libraries of helping professionals and service delivery organizations.

Author Information

Rick Csiernik

Rick Csiernik is a Professor of Social Work at King's College, University of Western Ontario. Csiernik has authored and edited several popular Canadian Scholars' titles including: *Substance Use and Misuse, Third Edition* (2021); *Just Say Know: A Counsellor's Guide to Psychoactive Drugs* (2014), *Workplace Wellness* (2014); *Responding to the Oppression of Addiction* (co-edited with William S. Rowe, 2017); *The Drug Paradox* (with Tara Bruno, 2018), and *Homelessness, Housing, and Mental Health* (co-edited with Cheryl Forchuk and Elisabeth Jensen, 2011). The author of more than 100 journal articles, his research interests include addiction, employee assistance programming and workplace wellness, social work education, and program evaluation. Rick has been recipient of both the King's University College Award for Excellence in Teaching and the McMaster University Instructor Appreciation Award.

Reviews

Table of Contents

Preface
Acknowledgments

Introduction

1. Wellness and the Workplace - Rick Csiernik

Part I: Evolution

2. The Evolution of Occupational Assistance: From Social Control to Health Promotion - Rick Csiernik
3. Disability Management in the Canadian Context - Tony Fasulo and Sara Martel
4. Drug Testing in the Workplace: Issues, Answers, and the Canadian Perspective - Scott Macdonald

Part II: Structure

5. Foundations for Program Development - Rick Csiernik
6. Governance: Best Practices in Policy Development - Rick Csiernik
7. What Are We Doing? The Nature and Structure of Canadian Employee Assistance Programming - Rick Csiernik
8. A Review of EAP Evaluation in Canada - Rick Csiernik

Part III: Practice

9. Assessment in an EAP Environment - Frank MacAulay
10. Crisis Intervention in the EAP Context - Susan Alexander
11. Critical Incident Stress Management - Dermott Hurley, Sandy Ferreira, and Clare Pain
12. Brief Counselling in Employee Assistance - Wayne Skinner
13. Brief Treatment for Employees with Low-to-Moderate Alcohol Dependence: A Guided Self-Change Approach - Marilyn Herie
14. Intervention in the Workplace - Penny Lawson
15. Depression in the Workplace - Louise Hartley
16. Grief in the Workplace: A Practitioner's Perspective - Hilda Sabadash
17. The Impact of EAP-Based Mediation Services on Employees, Families, and the Workplace - David W. Adams

Part IV: Case Studies

18. The Challenge of Rural EAP: The Iron Ore Company of Canada - Debbie Samson
19. A Combined Internal/External Model: The St. Joseph's Health Centre Employee Counselling Service - Rick Csiernik, Brenda Atkinson, Rick Cooper, Jan Devereux, and Mary Young

Part V: Creating Wellness

20. Spirituality and Work - David W. Adams and Rick Csiernik
21. A First Nations' Perspective on Work, the Workplace, and Wellness - Kelly Brownbill
22. The Next Step: An Integrated Model of Occupational Assistance - Rick Csiernik

List of Contributing Authors
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