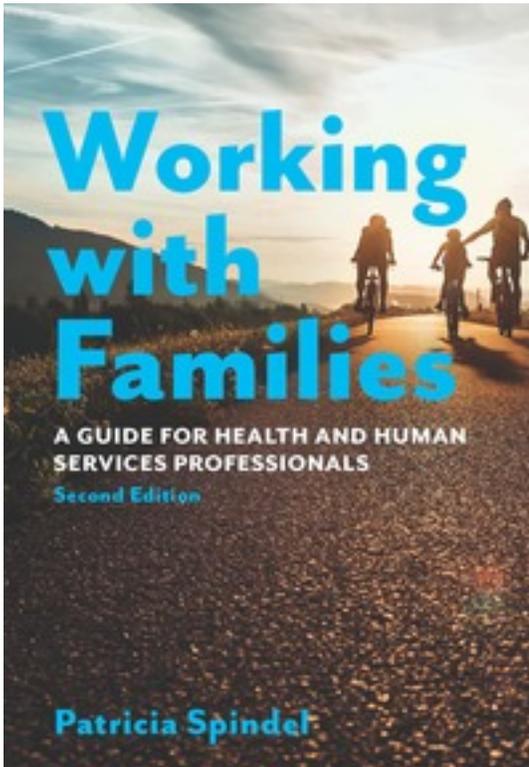


# Working with Families, Second Edition

## A Guide for Health and Human Services Professionals



### Subjects

Professional Practice  
Counselling  
Social Work  
Child and Youth

274 pages

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In its second edition, this accessible health and human services manual offers a critical overview of the issues and challenges that families face and provides practical strategies for promoting resilience and positive family functioning. Through clinical and sociological perspectives and employing a strengths-based approach, this revised edition provides a broad overview of factors affecting Canadian families such as diverse family structures, healthy and unhealthy forms of communication, family culture and beliefs, couple dynamics, addiction, and developmental and psychiatric disabilities. Covering a wide range of topics, the author draws special attention to LGBTQ and military families, the effects of violence and trauma, and professional ethics and self-care.

An indispensable resource for students and practitioners of social services, child and youth work, and early childhood education, the revised edition of *Working with Families, Second Edition* reflects current research and practices in the field and features updated statistics and accessible language.

### \*\*Features:\*\*

- includes updated questions for reflection and new suggested further readings, case study scenarios, and classroom-specific resources and activities
- provides student resources with strategies and approaches for working with families

### Author Information

Patricia Spindel  
Dr. Patricia Spindel has worked with children, adolescents, and families for over thirty-five years. She taught at both the University of Guelph-Humber and the Humber College Institute of Technology and Advanced Learning, where she also coordinated the Social Services Worker Program and was an Associate Dean of Health Sciences.

### Reviews

"Dr. Spindel has created a text that is strengths-based and resiliency-focused, while also addressing the intersections of oppression that diverse Canadian families face. *Working with Families, Second Edition* brings contemporary and family systems concepts to life with relevant and practical activities, case examples, and questions."

—Cindy Rammage, Associate Professor, Child and Youth Care, University of the Fraser Valley  
"*Working with Families, Second Edition* is an incredible teaching and learning tool for health providers and all of us alike. The author seeks the potential in all of us to engage ... in mutually beneficial experiences that will foster a social connectedness, that reflects demographic trends and intergenerational practice. A must publication for all to read and appreciate the diverseness of our rich country."

—The Honourable Marvin Zuker, Associate Professor, The Ontario Institute for Studies in Education at the University of Toronto

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